

Behavior Blast Newsletter

Your quick guide to understanding behaviors

January 2022

Changing Behavior

- Pairing: Build positive relationships
- The only behavior you can control is your own
- Be aware of the way you respond to your students

Manage Antecedents

- Minimize antecedents (things that occur right before the student engages in the behavior) that tend to set off the maladaptive behavior
- Flexibility and patience demonstrated by staff
- Staff will need to learn to act accordingly based on the students' behavior and responses to antecedents to promote appropriate and desired behaviors.

Reinforce Desired Behaviors

- Meet students where they currently are
- Encourage students to perform better in a positive manner
- Reinforce the skills and performance the student already demonstrates
- Reinforce the practice of skills and demonstration of replacement behaviors

BE WILLING TO CHANGE
YOUR BEHAVIOR.

IF YOU KEEP DOING
WHAT YOU'RE DOING,
YOU'LL KEEP GETTING
WHAT YOU'RE GETTING.

Responding to Inappropriate Behaviors

- Staff responses need to reinforce the appropriate or desired behavior that is demonstrated by the student
- Avoid accidentally reinforcing the inappropriate behavior (arguing back and forth with a student who engages in attention seeking behavior or escape behaviors)

Behavior Blast Newsletter

Your quick guide to understanding behaviors

January 2022

Teach Underdeveloped Skills

- Once the skills are developed in the area of need, there will no longer be a need or function for the inappropriate behavior.
For example; a student who has difficulty with math equations may respond by yelling or walking out of the classroom when the teacher asks that student to share their answer and method of getting to that answer. Once the student is taught the skills to complete the math problems, the engagement of these inappropriate behaviors should be extinguished.

Teach a Replacement Behavior

- The replacement behavior must achieve the same function as the inappropriate behavior (escape from demand/attention from staff)
- The replacement behavior must be as easily engaged in as the maladaptive behavior
- The replacement behavior must be within the students' ability
- The replacement behavior must get the student what they want but in a more appropriate manner.

