



Thomas A. Smith, Ed.D.
Superintendent

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Dear Pennsbury Families,

As caregivers, many of us struggle with the amount of technology used by today's adolescents. We have invited Dr. Adam Saenz for another important [Parent Academy Program](#) to help us address the topic.

Title: Screen Time and Devices: What Caregivers Need to Know

Time: 6:30 pm (virtual) *This will be recorded and available for future viewing*

Link: <https://youtube.com/live/fs53B83wbNY?feature=share>

Description: *This 30-minute virtual presentation will discuss the research on the effects of screen time and guidelines parents might consider as they help their children develop healthy habits with technology.*

We hope you join us for this important program.

Sincerely,

Thomas A. Smith, Ed.D.
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Coming in February: We will be showing the documentary "Like," which chronicles the impact of social media on adolescents, followed by a discussion.

MISSION

Recognizing our proud traditions and diverse community, the Pennsbury School District prepares all students to become creative, ethical, and critical thinkers for lifelong success in a global society.